

QUIZBOWL



SENIOR QUIZBOWL

Consumer Information

- Pork is a great source of which nutrient?

A. Calcium **B. Protein**
 C. MSG D. Vitamin D
- According to the US Department of Agriculture, pork should be cooked to an internal temperature of:

A. 130 degrees Fahrenheit
B. 145 degrees Fahrenheit
 C. 180 degrees Fahrenheit
 D. As long as it looks done from the outside
- What is the average serving of pork that a person should typically eat?

A. 7 ounces B. ½ lb.
 C. 6 ounces **D. 3 ounces**
- What is the longest recommend time that you should keep fresh cuts of pork, such as tenderloins and roast in the freezer?

A. 9 years B. 1 year
 C. 2 weeks **D. 6 months**
- Which cut of pork is the leanest, and if left whole, this cut would be a small roast?

A. Pork Chop **B. Tenderloin**
 C. Cutlet D. Rib Chop
- Which month in the calendar year is dubbed National Pork Month?

A. October B. June
 C. September D. March
- True** or False. A pig with PSE will have a carcass that could yield pale, soft and watery pork?
- What enabled fresh pork to be shipped over long distances without spoilage?

A. Refrigerated Rail Car
 B. Semi
 C. Automobile
 D. Airplane

